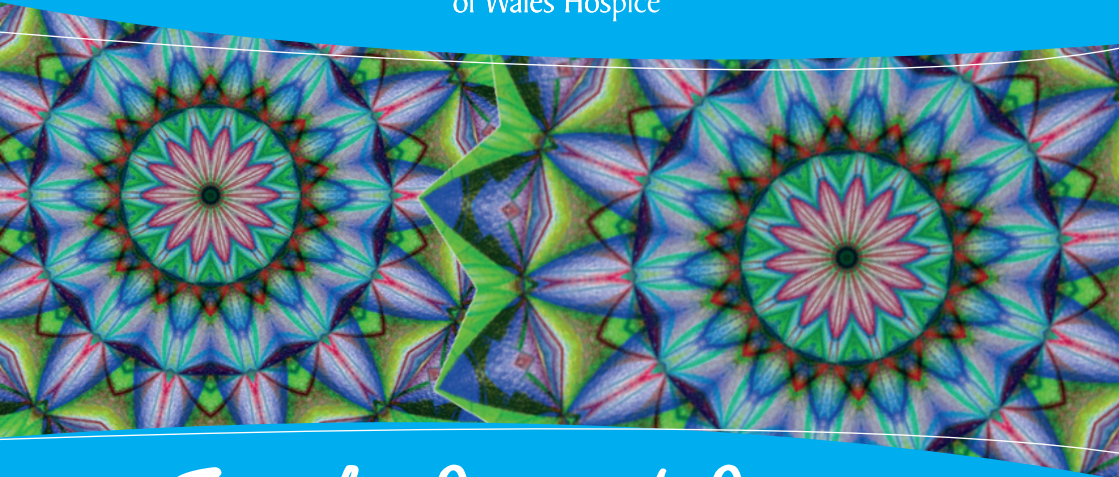




The Prince & Princess  
of Wales Hospice



*Family Support Services*

# Family Support Services

During these difficult uncertain times, we want to reassure you that our Family Support Services are available to provide emotional, practical and counselling support to patients, families and carers pre and post-bereavement.

Please call **0141 429 5599** and ask for Family Support Services. You can reach us **Monday to Friday between 9am and 5pm.**

These web links also offer some useful advice:

## Mental health and wellbeing resources

[nhs.uk/your-health/health-services/specialist-childrens-services/information-centre/mental-health-and-wellbeing-online-resources/](https://nhs.uk/your-health/health-services/specialist-childrens-services/information-centre/mental-health-and-wellbeing-online-resources/)

## Scottish Womens Aid

[womensaid.scot](https://www.womensaid.scot)

## Safer Scotland

[safer.scot](https://www.safer.scot)

## Glasgow Council on Alcohol

[glasgowcouncilonalcohol.org](https://glasgowcouncilonalcohol.org)

## Good Life, Good Death, Good Grief

[goodlifedeathgrief.org.uk/content/support\\_with\\_covid19/](https://goodlifedeathgrief.org.uk/content/support_with_covid19/)