

Dear (family member)

- We would like to invite you to a meeting with (name) to talk about (name) needs and care.
- You may be aware that we have introduced the Namaste Care Programme into our care setting. This is an evidence informed programme designed to enrich and improve experiences of care. It has been developed for those who are finding it increasingly difficult to communicate with words.
- Namaste Care focusses on making time and space for comfort, connection and joy. It takes place in a beautiful and peaceful room. Up to (5) other people could be in the room at the same time. It offers people the opportunity to engage with a range of sensory engagement practices. It aims to improve people's wellbeing and quality of life. The Namaste Care Programme will run (how many) times a week.
- We think (name) could now benefit from this kind of care. We would like to talk to you about this and ask for your help.
- We would love your help to discover the kind of environment and sensory engagement practices (name) might enjoy. We would also love your help to think ahead and plan (name) future care.